

Bib # _____
State _____

SNOWBOARDING ATHLETE CLASSIFICATION FORM 2012 SOUTHEAST WINTER GAMES

Name _____

Height _____ Weight _____ Age _____

Male _____ Female _____ Shoe Size _____

Own Equipment (circle)

ABILITY (Check One)

- | | |
|---------------|--|
| _____ Level 1 | New to Snowboarding |
| _____ Level 2 | Able to use lifts and ride the bunny slope |
| _____ Level 3 | Able to make turns on beginner terrain |
| _____ Level 4 | Comfortable riding intermediate terrain |
| _____ Level 5 | Comfortable riding advanced terrain |

STANCE (CIRCLE ONE): REGULAR OR GOOFY

Know Your Stance for Snowboarding

Stance setup refers to which foot is closer to the front of the board.

ASK YOURSELF: Which foot is forward when surfing, skateboarding, throwing a ball or swinging a bat?

The forward foot is the front foot.

Which foot do you stand on to kick?

The foot you stand on is the front foot.

GOOFY: Right foot is the front foot.

REGULAR: Left foot is the front foot.